



A Confidential Source of Help for Personal Concerns

What can we help you with?

- Coastline EAP professional employee assistance consultants assist with life challenges:

GRIEF

STRESS

ANGER

ANXIETY

ADDICTIONS

DEPRESSION

CHILD CARE

ELDER CARE

LEGAL MATTERS

FAMILY MATTERS

FINANCIAL WORRIES

RELATIONSHIP CONFLICTS

AND MORE

How can you contact us?

- Call toll-free: 401-732-9444 or 1-800-445-1195, 24 hours/7 days a week

What happens when you call?

A Coastline consultant will:

- *ask the reason for your call*
- *offer you an assessment and determine needed actions*
- *research and link you with available community services*
- *clarify your insurance options or seek sliding-scale services for uninsured*
- *identify crisis services quickly and provide support*
- *offer ongoing assistance*

Who can use the services?

- *Employees; spouses; partners; other family members - who live in or outside of your household*

How do you access the web-site?

- *www.coastlineeap.com provides information about our services, monthly newsletters, health and self-help topics, and a link to e-mail us*
- *Log on by typing in your company's name in the login box.*

Are the services confidential?

- *Our employee assistance services are subject to laws and regulations enforcing confidentiality, which gives you privacy when seeking assistance.*

What is our commitment to you?

- *We provide easy access to an employee assistance professional who can help you meet your life challenges in the home and workplace.*